

# *Class Schedule \* Effective - January 3, 2012 to April 30, 2012 \**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Afternoon &amp; Evening Classes</i> ↓	<b>Sparring &amp; Sparring Drills</b>	<b>Forms</b>	<b>Self-Defense &amp; Kicking Combinations</b>	<b>Board Breaking &amp; Weapons</b>	<b>Kicks &amp; Pads</b>	<b>One-Steps &amp; Hand Techniques</b>
<b>4:00 to 4:45</b>	<b>Jr Blue to Black</b>	<b>Jr Green to Purple-1</b> <i>Specialty Program Green to Purple-1</i>	<b>Jr White to Orange</b>	<b>Jr Green to Purple-1</b>	<b>Jr White to Orange</b>	<i>Morning Classes</i> ↓
<b>4:45 to 5:30</b>	<b>Jr White to Orange</b>	<b>Jr Blue to Black</b> <i>Specialty Program Blue to Black</i>	<b>Jr Green to Purple-1</b>	<b>Jr White to Orange</b>	<b>Jr Green to Red-1</b>	<b>9:00 to 9:45</b> <b>Jr White to Red-1</b>
<b>5:30 to 6:15</b>	<b>Jr Green to Purple-1</b>	<b>Jr White to Orange</b> <i>Specialty Program Yellow to Orange</i>	<b>Jr Blue to Black</b>	<b>Jr Blue to Black</b>	<b>Teens &amp; Adults</b>	<b>9:45 to 10:30</b> <b>Teens &amp; Adults</b>
<b>6:15 to 7:00</b>	<b>Muay Thai</b>	<b>Muay Thai</b>	<b>Muay Thai</b>	<b>Muay Thai</b>	<b>Black</b>	<b>10:30 to 11:15</b> <i>Specialty Program All Belts</i>
<b>7:00 to 8:00</b>	<b>Teens &amp; Adults</b>	<b>Teens &amp; Adults</b>	<b>Teens &amp; Adults</b>	<b>Teens &amp; Adults</b>		<b>Black</b>